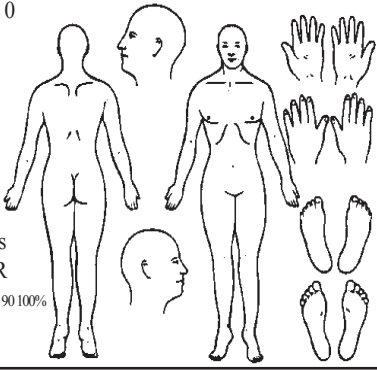
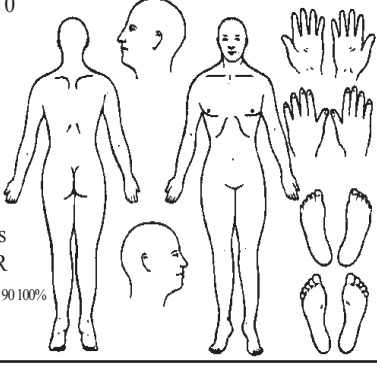
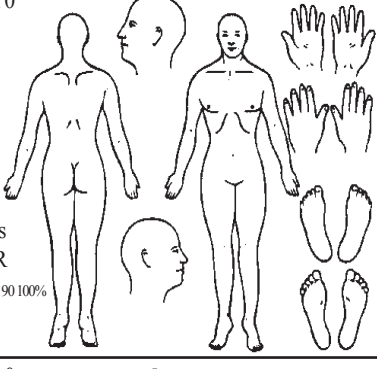
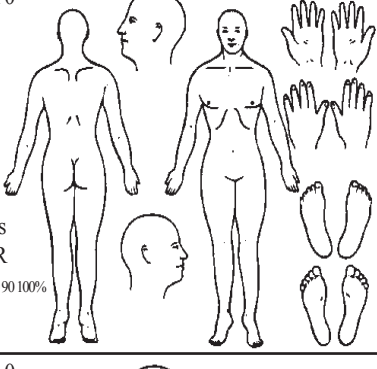
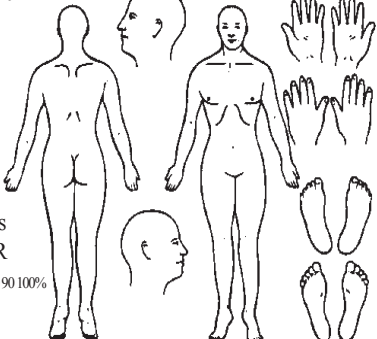


PROGRESS NOTES

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Date _____

Patient Name: _____

Date _____	Pain: 12345678910 Frequency: O I F C Tenderness: 1234 Spasm: 12345 Inflammation Weakness Trigger points N / T / B Posture/Ergonomics Meds: PK / AI / MR ADL: 10 20 30 40 50 60 70 80 90 100% ROM:		Manipulation: TMJ / Occiput D / A / DP / Cox / Mob. C 1 2 3 4 5 6 7 Myofascial Release T 1 2 3 4 5 6 7 8 9 10 11 12 Deep Tissue Mass. R 1 2 3 4 5 6 7 8 9 10 11 12 Ultrasound L 1 2 3 4 5 L-S S-I Cold / Heat Pack Other _____ Flexion Distraction Supports / Lifts _____ Interseg. Traction Supplements _____ Elect. Ther.: EMS/Int. Ex: C: 10 20 30 40 50 60 70 80 90 100% Diathermy LB: 10 20 30 40 50 60 70 80 90 100% Therapeutic Ex: Ab: 10 20 30 40 50 60 70 80 90 100% Sh: 10 20 30 40 50 60 70 80 90 100% Restrictions: _____: 10 20 30 40 50 60 70 80 90 100%	Comments: Ortho: WNL / NC / Res. Neuro: WNL / NC / Res. Dx: UC / Res. / A / SA / Ch / R Relief on exit: none / s / m / ex See ___ X wk / mon / PRN with same / altered Tx. Dr.:
Date _____	Pain: 12345678910 Frequency: O I F C Tenderness: 1234 Spasm: 12345 Inflammation Weakness Trigger points N / T / B Posture/Ergonomics Meds: PK / AI / MR ADL: 10 20 30 40 50 60 70 80 90 100% ROM:		Manipulation: TMJ / Occiput D / A / DP / Cox / Mob. C 1 2 3 4 5 6 7 Myofascial Release T 1 2 3 4 5 6 7 8 9 10 11 12 Deep Tissue Mass. R 1 2 3 4 5 6 7 8 9 10 11 12 Ultrasound L 1 2 3 4 5 L-S S-I Cold / Heat Pack Other _____ Flexion Distraction Supports / Lifts _____ Interseg. Traction Supplements _____ Elect. Ther.: EMS/Int. Ex: C: 10 20 30 40 50 60 70 80 90 100% Diathermy LB: 10 20 30 40 50 60 70 80 90 100% Therapeutic Ex: Ab: 10 20 30 40 50 60 70 80 90 100% Sh: 10 20 30 40 50 60 70 80 90 100% Restrictions: _____: 10 20 30 40 50 60 70 80 90 100%	Comments: Ortho: WNL / NC / Res. Neuro: WNL / NC / Res. Dx: UC / Res. / A / SA / Ch / R Relief on exit: none / s / m / ex See ___ X wk / mon / PRN with same / altered Tx. Dr.:
Date _____	Pain: 12345678910 Frequency: O I F C Tenderness: 1234 Spasm: 12345 Inflammation Weakness Trigger points N / T / B Posture/Ergonomics Meds: PK / AI / MR ADL: 10 20 30 40 50 60 70 80 90 100% ROM:		Manipulation: TMJ / Occiput D / A / DP / Cox / Mob. C 1 2 3 4 5 6 7 Myofascial Release T 1 2 3 4 5 6 7 8 9 10 11 12 Deep Tissue Mass. R 1 2 3 4 5 6 7 8 9 10 11 12 Ultrasound L 1 2 3 4 5 L-S S-I Cold / Heat Pack Other _____ Flexion Distraction Supports / Lifts _____ Interseg. Traction Supplements _____ Elect. Ther.: EMS/Int. Ex: C: 10 20 30 40 50 60 70 80 90 100% Diathermy LB: 10 20 30 40 50 60 70 80 90 100% Therapeutic Ex: Ab: 10 20 30 40 50 60 70 80 90 100% Sh: 10 20 30 40 50 60 70 80 90 100% Restrictions: _____: 10 20 30 40 50 60 70 80 90 100%	Comments: Ortho: WNL / NC / Res. Neuro: WNL / NC / Res. Dx: UC / Res. / A / SA / Ch / R Relief on exit: none / s / m / ex See ___ X wk / mon / PRN with same / altered Tx. Dr.:
Date _____	Pain: 12345678910 Frequency: O I F C Tenderness: 1234 Spasm: 12345 Inflammation Weakness Trigger points N / T / B Posture/Ergonomics Meds: PK / AI / MR ADL: 10 20 30 40 50 60 70 80 90 100% ROM:		Manipulation: TMJ / Occiput D / A / DP / Cox / Mob. C 1 2 3 4 5 6 7 Myofascial Release T 1 2 3 4 5 6 7 8 9 10 11 12 Deep Tissue Mass. R 1 2 3 4 5 6 7 8 9 10 11 12 Ultrasound L 1 2 3 4 5 L-S S-I Cold / Heat Pack Other _____ Flexion Distraction Supports / Lifts _____ Interseg. Traction Supplements _____ Elect. Ther.: EMS/Int. Ex: C: 10 20 30 40 50 60 70 80 90 100% Diathermy LB: 10 20 30 40 50 60 70 80 90 100% Therapeutic Ex: Ab: 10 20 30 40 50 60 70 80 90 100% Sh: 10 20 30 40 50 60 70 80 90 100% Restrictions: _____: 10 20 30 40 50 60 70 80 90 100%	Comments: Ortho: WNL / NC / Res. Neuro: WNL / NC / Res. Dx: UC / Res. / A / SA / Ch / R Relief on exit: none / s / m / ex See ___ X wk / mon / PRN with same / altered Tx. Dr.:
Date _____	Pain: 12345678910 Frequency: O I F C Tenderness: 1234 Spasm: 12345 Inflammation Weakness Trigger points N / T / B Posture/Ergonomics Meds: PK / AI / MR ADL: 10 20 30 40 50 60 70 80 90 100% ROM:		Manipulation: TMJ / Occiput D / A / DP / Cox / Mob. C 1 2 3 4 5 6 7 Myofascial Release T 1 2 3 4 5 6 7 8 9 10 11 12 Deep Tissue Mass. R 1 2 3 4 5 6 7 8 9 10 11 12 Ultrasound L 1 2 3 4 5 L-S S-I Cold / Heat Pack Other _____ Flexion Distraction Supports / Lifts _____ Interseg. Traction Supplements _____ Elect. Ther.: EMS/Int. Ex: C: 10 20 30 40 50 60 70 80 90 100% Diathermy LB: 10 20 30 40 50 60 70 80 90 100% Therapeutic Ex: Ab: 10 20 30 40 50 60 70 80 90 100% Sh: 10 20 30 40 50 60 70 80 90 100% Restrictions: _____: 10 20 30 40 50 60 70 80 90 100%	Comments: Ortho: WNL / NC / Res. Neuro: WNL / NC / Res. Dx: UC / Res. / A / SA / Ch / R Relief on exit: none / s / m / ex See ___ X wk / mon / PRN with same / altered Tx. Dr.:

Key: N=number; T=Tingling; B=burning; MR=muscle relaxants; AI=anti-inflammatories; PK=painkiller; EMS=elect. muscle stim; Int=interferential; D=diversified; A=activator; DP=drop piece; C=cervical; LB=low back; Ab=abdominal; Sh=shoulder; NC=no change; Res=resolving; UC=unchanged; A=acute; SA=sub-acute; Ch=chronic; R=recurrent; s=slight; m=moderate; ex=excellent